

Admission and Retention Requirements
Meet general university graduate admissions requirements
2.75 undergraduate GPA or higher – <i>Conditional admission is considered for applicants who meet all other admissions requirements and have a GPA below 2.750, but not lower than 2.500</i>
Recommended: Kinesiology undergraduate coursework (such as Biomechanics, Exercise Physiology, Exercise Testing, Special Populations, Strength & Conditioning, Structural Basis of Human Movement or Sports Nutrition), 9+ hours

Required Courses	Credit Hours
EXSC 5003 Introduction to Human Performance	3
EXSC 5033 Exercise Testing and Prescription	3
EXSC 5123 Exercise Physiology I	3
EXSC 5203 Statistics	3
EXSC 6063 Sports Nutrition	3
EXSC 6123 Exercise Physiology II	3
EXSC 6133 Research Methods	3
EXSC 6143 Special Populations in Exercise Science	3
EXSC 6153 Care & Prevention of Injury	3
EXSC 6223 Health Education and Counseling	3
EXSC 6233 Leadership & Ethics in Human Performance	3
EXSC 6433 Internship <i>or</i>	3
EXSC 6533 Thesis	3
<b>Total</b>	<b>36</b>

**SUGGESTED COURSE SEQUENCE:**

Terms	Year	Course
<b>Fall</b> [16 weeks]	2024	EXSC 5123 Exercise Physiology I ( <i>residency requirement</i> )
<b>Fall 1</b> (8 weeks)	2024	EXSC 5003 Introduction to Human Performance
<b>Fall 2</b> (8 weeks)	2024	EXSC 5033 Exercise Testing and Prescription
<b>Fall 2</b> (8 weeks)	2024	EXSC 6063 Sports Nutrition
<b>Spring</b> [16 weeks]	2025	EXSC 6123 Exercise Physiology II
<b>Spring 1</b> (8 weeks)	2025	EXSC 6133 Research Methods
<b>Spring</b> (8 weeks)	2025	EXSC 6143 Special Populations in Exercise Science
<b>Spring</b> (8 weeks)	2025	EXSC 6153 Care & Prevention of Injury
<b>Summer</b> (8 weeks)	2025	EXSC 5203 Statistics
<b>Summer</b> (8 weeks)	2025	EXSC 6223 Health Education and Counseling
<b>Summer</b> (8 weeks)	2025	EXSC 6233 Leadership & Ethics in Human Performance
<b>Summer</b> (11 weeks)	2025	EXSC 6433 Internship or 6533 Thesis