

## **Department of Graduate Counseling**

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## **EXECUTIVE SUMMARY**

The 2024–2025 academic year marked the launch of Ouachita Baptist University's MA in Counseling, with a specialization in Clinical Mental Health Counseling (CMHC). The program exceeded enrollment expectations with 20 students in its inaugural cohort and 95% remain enrolled for the upcoming fall 2025 term. This report summarizes student outcomes, program evaluation, faculty contributions, and strategic goals from year 1. The data presented aligns with the 2024 CACREP Standards and provides a foundation for the program's upcoming self-study, scheduled for submission in Spring 2026.

#### **Program Mission and Objectives**

Ouachita Baptist University's MA in Counseling program seeks to provide ethical, evidence-based counselor education that combines academic rigor with clinical experience. Grounded in a biblical worldview and believing that all human beings are made in the image of God and consequently merit respect and compassionate care, Ouachita prepares students to serve diverse populations as they aid in God's restorative mission of healing and reconciliation.

## Ouachita's Graduate Program Objectives (GPO)

- 1. Demonstrate graduate-level mastery of the knowledge and skills central to scholarly inquiry and professional practice within a field of study.
- 2. Develop a reasoned approach to the role of faith in scholarly and professional pursuits and responsibly relate Christian perspectives to disciplinary practice.
- 3. Interpret and apply ethical insights and decision-making in the context of one's intended profession.
- 4. Communicate a personal vision of vocation, including how one can contribute meaningfully to one's profession and broader community.

## **CMHC Program Objectives (PO):**

#### Graduates from the CMHC program will be able to:

- 1. Demonstrate knowledge central to scholarly inquiry and professional practice of clinical mental health counseling. (Knowledge)
- 2. Apply relevant skills to assess, diagnose, and treat individuals from a diverse clinical population in an ethical and effective manner. (Skills)
- 3. Demonstrate professional counselor behaviors for personal growth, self-care, and wellness. (Disposition)
- 4. Develop a professional counselor identity and practice consistent with personal beliefs and professional career goals. (Development)

## **Program Highlights (2024–2025)**

The 2024–2025 academic year marked a transformative launch for the MA in Counseling program at Ouachita. In its first full year of operation, the program demonstrated strong growth, community engagement, and external recognition. Key highlights include:

#### **Successful Launch of Graduate Curriculum**

All foundational courses were developed and delivered, and the first student cohort completed two intensive, skills-based training sessions supported by a renovated clinical skills lab.

#### **Faculty Growth and National Recognition**

Dr. Karen Roudkovski joined the program full-time and contributed significant scholarship in the area of spiritual abuse. Faculty presented at state and national conferences, contributed to professional publications, and mentored students in academic and clinical formation.

#### **Arkansas Naloxone Community Hero Program**

The Department of Nursing and the MA in Counseling program received support through the Arkansas Opioid Recovery Partnership (ARORP) as part of the Arkansas Naloxone Community Hero Program. A \$18,648 credit to the Arkansas Naloxone Bank will allow the university to host campus-wide and community Narcan training events. This initiative reflects the program's mission to extend evidence-based training and public health advocacy beyond the classroom.

#### **HRSA BHWET Grant Awarded**

Ouachita was Awarded a \$1.1 million Behavioral Health Workforce Education and Training (BHWET) grant from the Health Resources and Services Administration. Funding will support students through \$25,000 clinical stipends, trauma training, and career development initiatives over four years.

#### **Strong Student Engagement**

All students participated in bi-annual reviews, completed assessment benchmarks, and contributed to community-building within the program. Feedback from intensives and advising sessions reflects high satisfaction and strong connections to faculty and peers.

#### **Enrollment Growth**

Enrollment is up for **Fall 2025**, with Cohort 2 exceeding the size of the inaugural class by 20% from 20 to 24 students. This growth reflects increased interest in the program and the impact of expanded recruitment, visibility, and external funding initiatives.

### PROGRAM EVALUATION PROCESS

Data for the annual program evaluation is collected on an August-to-August cycle, ensuring inclusion of results from both the annual student self-assessment and the fall intensive. The current report reflects data collected from August 2024 through August 2025.

Faculty engagement in the evaluation process occurred at two points. Initial data, along with annual highlights and strategic academic goals, were reviewed and discussed during the July 17, 2025 faculty meeting. The full report was then reviewed and discussed with core faculty members on September 15, 2025. Faculty responses to any target not met are included in this document and labeled as "Response."

This cycle ensures that data collected annually directly informs program development, curriculum refinement, and continuous improvement efforts.

The following is a public-facing Program Outcomes and Annual Evaluation Summary. The full report is available upon request for stakeholders or reviewers

## **Area 1: Evaluation of Program Performance**

#### 1. The Institution

**Overview:** The following section details how the program meets CACREP 2024 Standards 1.A–1.F, which focus on the institutional structure, accuracy of program information, administrative and financial support, faculty development, technology, and counseling skills training environments.

## This section includes 2 objectives, 2 outcomes, 10 performance targets (8 met; 2 in progress, 0 not met)

#### **Objective 1.1: Ensure Institutional Support and Program Structure**

**Outcome:** The institution will provide adequate resources, infrastructure, and administrative support for the counseling program's continued success and development.

#### **Performance Targets with results**

- a) All core faculty have adequate office space (for residential faculty), technology (for remote and residential faculty), and access to training resources (met)
  - a. The program began the academic year with three full-time faculty and one part-time faculty member.
  - b. Due to unforeseen health issues, one full-time faculty member stepped away at the start of the fall semester; her teaching responsibilities were covered by a part-time affiliate faculty member.
  - c. The Program Director (residential) and the part-time faculty member were provided with dedicated office space in the Psychology and Counseling suite.
  - d. The remaining full-time and part-time affiliate faculty worked remotely. All full-time faculty were issued laptops, webcams, and provided access to the full suite of instructional tools (e.g., Moodle, Canvas, Microsoft 365).
- b) Website information is reviewed and updated annually (met)
  - a. Public-facing materials reflect current admissions criteria, curriculum requirements, delivery format, program costs, faculty credentials, and accreditation status were updated in August 2025 and vital stats were added in September 2025.
- c) Program maintains sufficient institutional support for ongoing delivery (met)
  - a. Budget allocations supported core and affiliate faculty, administrative support, instructional technology, clinical training tools, and marketing efforts.

- d) Institutional marketing and recruitment efforts include accurate, mission-aligned representation of the counseling program (met)
  - a. University communications featured the program's distinctives—including hybrid delivery, CACREP alignment, and faith integration—across social media, web, and recruitment materials.
- e) Faculty have access to institutional support for professional activities, scholarly engagement, and service to the profession (met)
  - a. Faculty development funds were available for conference attendance, and scholarly engagement.
  - b. Course releases were provided for administrative roles (Program Director) to support operations and CACREP readiness.

All performance targets for Objective 1.1 were met, confirming strong institutional commitment during the program's first year. Faculty had access to adequate office space, technology, and training resources, and the program received sufficient budgetary, marketing, and professional development support. Faculty will continue to monitor institutional resources annually to ensure sustained support for program growth, CACREP compliance, and the upcoming self-study submission in Spring 2026.

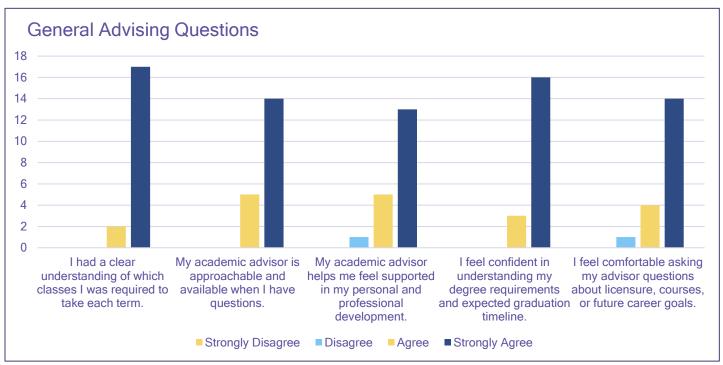
#### **Objective 1.2: Academic Unit Infrastructure and Student Support**

**Outcome:** The academic unit will maintain policies and procedures that support student success, professional development, and inclusive excellence from admission through post-graduation.

## **Performance Targets with results**

- a) The demographics of applicants, admitted students, and enrolled cohorts, are reviewed annually with the goal of achieving representation that is reflective of the university's graduate population and regional context. (met)
  - a. Demographics of Applicants for AY 24-25 (n = 35)
    - i. Gender: female 63% (n = 22), male 37% (n = 13)
    - ii. Age: 11% (20–22), 43% (23–30), 14% (31–40), 20% (41–50), 11% (51–60)
    - iii. Race/Ethnicity: 74% White/Caucasian, 17% Black/African American, 3% Hispanic/Latino, 6% Bi-Racial/Other
  - b. Demographics of Admitted students for AY 24-25 (n = 22)
    - i. Gender: 62% Female (13), 38% Male (8)
    - ii. Age: 14% (20-22), 38% (23-30), 5% (31-40), 24% (41-50), 19% (51-60)
    - iii. Race/Ethnicity: 81% White/Caucasian, 10% Black/African American, 10% Bi-Racial/Other
  - c. Demographics of Enrolled Students: (n = 20)
    - i. Gender: 60% female (n=12), 40% male (n=8)
    - ii. Age: 15% (20-22), 35% (23-30), 5% (31-40), 25% (41-50), 20% (51-60)
    - iii. Race/Ethnicity: 85% White/Caucasian, 5% Black/African American, 10% Bi-Racial/Other
- b)  $\geq 85\%$  of students report satisfaction with academic advising (met)
  - a. 100% of students (n = 19) responded to the academic advising feedback survey on July  $3^{rd}$ , 2024.
  - b. 95% answered agree or strongly agree on all advising questions.
- c)  $\geq 90\%$  of *eligible* students are placed in approved practicum/internship sites (in progress)
  - a. Students in cohort 1 will begin practicum in spring 2026
- d) ≥ 85% year-to-year student retention (met)

a. Of the 20 students who began the program in Fall 2024, 19 (95%) are enrolled for Fall 2025.



This exceeds national averages for retention in graduate counseling programs and reflects early student success and program engagement

e)  $\geq$  85% of students graduate within three years of program entry (in progress)

#### Response

All performance targets for Objective 1.2 that could be measured in Year 1 were met, including strong advising satisfaction, retention, and demographic review. Practicum placement and graduation benchmarks remain in progress and will be assessed as Cohort 1 advances. Faculty will continue monitoring admission trends, advising satisfaction, and student outcomes annually to ensure equitable access, high-quality student support, and alignment with CACREP standards.

#### AREA 2: EVALUATION OF ACADEMIC QUALITY

This section includes 3 outcomes and 29 performance targets (this includes 26 KPI targets) (6 met; 20 in progress, 3 not met).

**Program Objective 1: Knowledge Assessment** 

Students will demonstrate knowledge central to scholarly inquiry and professional practice of clinical mental health counseling.

#### **Outcome 1.1: Growth in Self-Perceived Knowledge**

#### **Performance Targets:**

- a) At least 80% of students will report increased self-assessed knowledge scores in a majority of CACREP content areas. (met)
  - o 16/19 (84.2% reported an increase in self-assessed knowledge scores in a majority of CACREP content areas from entry point to the start of their second year.
- b) At least 90% of students will rate themselves as "ready" (3 or 4) in at least six of the eight core areas prior to taking the CPCE. (in progress- will assess FA 26)

Student Self-Assessment (Avg of 3 statements of content)	Entry to program	Student Self- Assessment at fall year 2	Student Self- Assessment at fall year 3
Professional Counseling Orientation and Ethical Practice	1.72	3.09	
Social and Cultural Identities and Experiences	2.02	2.75	
Lifespan Development	2.16	2.95	
Career Development	1.42	1.96	
Counseling practice and relationships	1.56	2.35	
Group counseling and group work	1.56	1.74	
Assessment and diagnostic process	1.60	2.77	
Research and program evaluation	1.70	2.25	
Clinical mental health counseling	1.53	2.33	

The performance target was met, with more than 80% of students demonstrating growth in self-assessed knowledge across most CACREP areas. Results show notable gains in ethics, lifespan development, and assessment. Faculty will continue monitoring student self-perceptions longitudinally, with targeted attention to areas reflecting smaller increases (e.g., group counseling, career development).

**Outcome 1.2: Demonstrated Knowledge Competency (KPIs)** 

Professional Counseling Orientation and Ethical practice: Students will demonstrate knowledge of and the ability to apply ethical standards and legal considerations in professional counseling across service delivery modalities and specialized practice areas (CACREP 3.A.10).

Assessment Target Outcome Response

service delivery modalities a	service delivery modalities and specialized practice areas (CACREP 3.A.10).			
Assessment	Target	Outcome	Response	
Developmental Skill	At least 90% of students	Average for Cohort 1 at	No changes needed	
<b>Assessment:</b> Students will	will score a 2	fall 2024 intensive (n =	at this time other	
demonstrate the ability to	(Developing) or higher on	20) was 2.25 with 18	than to ensure	
explain the limitations of	these formative	of 20 scoring 2 or	students are	
confidentiality and gain	assessments, indicating	higher. <mark>(met)</mark>	getting the content	
informed consent for	appropriate progress		needed to feel	
treatment in COUN 6133	toward readiness for field		confident in their	
at Intensive 1:	placement.		ability to	
			communicate with	
			clients.	
Time 2 Signature	<b>Performance Target</b> : At	Average for Cohort 1	Target met. Faculty	
Assignments	least 90% of students will	for fall 2024 (n = 20)	will continue using	
Using Ethical Decision-	score an average of 85%	was 48.96/50, with	this assignment as	
Making Model in	or higher on each KPI-	19 of 20 scoring 85 or	a key measure and	
COUN 6133: Students will	related	higher. <mark>(met)</mark>	monitor for	
demonstrate the ability to	assessment/assignments		consistency across	
use the ethical decision-	by course/experience		cohorts.	
making model on 8	completion.			
vignettes.				

<b>Time 3: Clinical Practice</b>	Performance Target At	(in progress)	Cohort 1 will begin
Assessment: In COUN	least 90% of students will		fieldwork training
6632 Internship 2	score a 3 (Proficient) or		in Spring 2026 and
Students will be assessed	higher on supervisor		clinical practice
by group supervisor when	evaluations of skills		data will be
staffing a case on ability to	aligned with KPIs during		available after that.
utilize ethical decision	practicum and internship		
making.	experiences.		
Time 4: Clinical Practice	<b>Performance Target</b> At	(in progress)	Cohort 1 will begin
<b>Assessment</b> Students will	least 90% of students will		fieldwork training
demonstrate the ability to	score a 3 (Proficient) or		in Spring 2026 and
explain the limitations of	higher on supervisor		clinical practice
confidentiality and gain	evaluations of skills		data will be
informed consent for	aligned with KPIs during		available after that.
treatment while working	practicum and internship		
within COUN 6632	experiences.		
Internship 2			
Social and Cultural Divorsi	ty Students will demonstra	to multicultural awaror	acc concitivity
	ding to and working with a		
Assessment	Target	Outcome	Response
Time 1: Signature	<b>Performance Target</b> : At	(in progress)	Students will
<b>Assignments:</b> Students	least 90% of students will		complete this
will write a paper on the	score an average of 85%		course in Summer
influence of heritage,	or higher on each KPI-		2026.
cultural identities,	related		
attitudes, values, beliefs,	assessment/assignments		
understandings, within-	by course/experience		
group differences, and	completion.		
acculturative experiences			
on help-seeking and coping			
behaviors			0.1 4 33.1 1
Time 2: Clinical Practice	Performance Target: At	(in progress)	Cohort 1 will begin
<b>Assessment</b> Students will	least 90% of students will		fieldwork training
be assessed by their	score a 3 (Proficient) or		in Spring 2026 and
supervisor on "Cultural	higher on supervisor		clinical practice
Competence" in COUN	evaluations of skills		data will be
6632 Internship 2	aligned with KPIs during		available after that.
	practicum and internship experiences.		
Human Growth and Develo	pment: Students will be ab	le to identify the impac	t crisis, disasters.
	as on development. (CACRE		, , , , , , , , , , , , , , , , , , , ,
Assessment	Target	Outcome	Response
Time 1: Pre/Post test	<b>Performance Target:</b> At	Average for Cohort 1	Consider revision
Students will take pre-test	least 85% of students will	on DKA (Human Dev	of assessment tool
using DKA to measure	improve their post-test	Domain) PRE-test at	or modification of
knowledge of impact of	Locara compared to the	the January 2026	plan of how to
	score compared to the	1 -	_
human growth and development as it relates to	pre-test in each KPI	intensive was <b>56.67%</b>	teach the major theories of content

crisis, disasters, stress,	course with embedded		covered on the NCE	
grief, and trauma has on	knowledge assessments.		with different	
development at year 1 January intensive.			modalities to engage different	
Time 2: Pre/Post test		After completing	learning styles.	
Students will take Post-test		COUN 6223 Human	rear ming styres.	
DKA during final exam <b>of</b>		Growth and		
COUN 6223- Human and		Development the		
Lifespan Development		average on the DKA		
		for the post test was		
		<b>73.70%</b> . Overall		
		66.67% increased		
		their score, 11.11%		
		showed no change in score and 22.22%		
		decreased their score.		
		It may be worth		
		noting on those that		
		declined the average		
		decline was -8.34		
		while the average		
		increase was 28.33.		
Time 2. Signature	Performance Target: At	Target not met.	Target met Faculty	
Time 3: Signature Assignments Students will	least 90% of students will	The average score for Cohort 1 on the	Target met. Faculty will continue using	
write an Individual analysis	score an average of 85%	Individual Analysis	this assignment as	
paper in <b>COUN 6223</b> to	or higher on each KPI-	paper was 95.94 with	a key measure and	
demonstrate how	related	(n = 19) 100% of	monitor for	
crisis/trauma impacts	assessment/assignments	students scoring 85%	consistency across	
development.	by course/experience	or higher. <mark>(met)</mark>	cohorts.	
	completion.	6.	0.1 4 33.1	
Time 4: Clinical Practice	Performance Target: At	(in progress)	Cohort 1 will begin	
Assessment Students will complete case	least 90% of students will score a 3 (Proficient) or		fieldwork training	
conceptualization and	higher on supervisor		in Spring 2026 and clinical practice	
identify impact	evaluations of skills		data will be	
developmental stage has	aligned with KPIs during		available after that.	
on crisis, disasters, stress,	practicum and internship			
grief, or trauma and be	experiences.			
assessed in COUN 6632				
Internship 2.				
	ents will explore methods o			
and techniques relevant to	and techniques relevant to career planning and decision making. (CACREP 3.D.2)			

and techniques relevant to career planning and decision making. (CACREP 3.D.2)

Assessment	Target	Outcome	Response
Time 1: Pre/Post test	<b>Performance Target:</b> At	Average for Cohort 1	Students will take
using DKA to measure	least 85% of students will	on DKA (Career	this course in
knowledge of assessments	improve their post-test	Assessment) PRE-test	Summer 2026.
and tools used for career	score compared to the		

planning and decision	pre-test in each KPI	in July 2026 was	
making.	course with embedded	56.84% (in progress)	
Time 2: Pre/Post test	knowledge assessments.		
DKA taken during final			
exam of <b>COUN 6723</b> .			
Time 3:	<b>Performance Target</b> : At	(in progress)	Students will take
Signature assignment in	least 90% of students will		this course in
COUN 6723- career	score an average of 85%		Summer 2026.
development.	or higher on each KPI- related		
	assessment/assignments		
	by course/experience		
	completion.		
Time 4: Clinical Practice	Performance Target: At	(in progress)	Cohort 1 will begin
Assessment:	least 90% of students will		fieldwork training
Review role of career	score a 3 (Proficient) or		in Spring 2026 and
development and goals	higher on supervisor evaluations of skills		clinical practice data will be
during case conceptualization during	aligned with KPIs during		available after that.
group supervision during	practicum and internship		available after that.
COUN 6742 Internship 3.	experiences.		
Counseling and helping rel		nploy interviewing, attend	ling, and listening
skills to engage in case conce			
3.E.9)			
Assessment	Target	Outcome	Response
Time 1: Developmental	<b>Performance Target:</b> At	Cohort 1 (n = 19)	Target met. Faculty
Skill Assessment	least 90% of students will	scored an average of	will continue using
Students will demonstrate	score a 2 (Developing) or	<b>3.11</b> by faculty on	this assignment as
interviewing while	higher on these formative	"Joining and Rapport	a key measure and
attending, building rapport and using reflective	assessments, indicating	Building" and <b>3.05</b> on "Reflective Listening"	monitor for
listening during a role play	appropriate progress toward readiness for field		consistency across
		during the January	cohorts
for <b>COUN 6233</b> at	placement.	intensive. (met)	Conorts
for <b>COUN 6233</b> at Intensive 2.	placement.	intensive. <mark>(met)</mark>	
for COUN 6233 at Intensive 2. Time 2: Signature	placement.  Performance Target:	intensive. (met)  Cohort 1 (n = 19)	Consider clearer
for <b>COUN 6233</b> at Intensive 2.	placement.	intensive. <mark>(met)</mark>	Consider clearer instructions on
for COUN 6233 at Intensive 2. Time 2: Signature Assignments In COUN	placement.  Performance Target: At least 90% of students	intensive. (met)  Cohort 1 (n = 19) scored an average of	Consider clearer
for COUN 6233 at Intensive 2. Time 2: Signature Assignments In COUN 6233 students will record	placement.  Performance Target: At least 90% of students will score an average of	intensive. (met)  Cohort 1 (n = 19) scored an average of 86.92 on the video	Consider clearer instructions on assignment and
for COUN 6233 at Intensive 2.  Time 2: Signature Assignments In COUN 6233 students will record an intake session	placement.  Performance Target: At least 90% of students will score an average of 85% or higher on each	intensive. (met)  Cohort 1 (n = 19) scored an average of 86.92 on the video intake assignment.	Consider clearer instructions on assignment and provide a sample
for COUN 6233 at Intensive 2.  Time 2: Signature Assignments In COUN 6233 students will record an intake session demonstrating	placement.  Performance Target: At least 90% of students will score an average of 85% or higher on each KPI-related	intensive. (met)  Cohort 1 (n = 19) scored an average of 86.92 on the video intake assignment. 63.16% scored 85%	Consider clearer instructions on assignment and provide a sample video as well as the

**Performance Target**: At

least 90% of students will

score a 3 (Proficient) or

higher on supervisor

(in progress)

more time to learn

Cohort 1 will begin

fieldwork training

in Spring 2026 and

clinical practice

materials.

listening during a role play.

Time 3: Clinical Practice

**Assessment:** Students will

submit video of session

demonstrating

interviewing, attending, and listening skills during session in <b>COUN 6632</b>	evaluations of skills aligned with KPIs during practicum and internship	data will be available after that.
Internship 2 and will be assessed by supervisor.	experiences.	

**Group counseling and group work:** Students will identify the characteristics and functions of effective group leaders and demonstrate various functions including group formation, recruiting, screening, and selecting members. (CACREP 3.F.4, 3.F.5)

Assessment	Target	Outcome	Response
Time 1: Signature	<b>Performance Target</b> : At	(in progress)	Students will take
Assignments In COUN	least 90% of students will		this course in Fall
6423 students will identify	score an average of 85%		2025, term 2
characteristics and	or higher on each KPI-		
functions of effective group	related		
leaders through a case	assessment/assignments		
studies during unit 2.	by course/experience		
	completion.		
Time 2: Clinical Practice	Performance Target:	(in progress)	Students will take
<b>Assessment</b> Students will	At least 90% of students		this course in Fall
form, recruit, and select	will score a 3 (Proficient)		2025, term 2
members for a therapy,	or higher on supervisor		
process, or support group	evaluations of skills		
that they will lead or co-	aligned with KPIs during		
lead during COUN 6532	practicum and internship		
(Practicum)	experiences.		

**Assessment and testing:** Students will demonstrate knowledge and the ability to select culturally sustaining and developmentally appropriate assessments for diagnostic and intervention planning purposes. **(CACREP 3.G.7)** 

Assessment	Target	Outcome	Response
Time 1:	Performance Target:	18 of 19 students	Performance target
Signature assignment	At least 90% of students	(94.7%) scored ≥ 85	achieved. One
(Assessment Instrument	will score an average of	on the COUN 6323	student scored
Review Paper) in COUN	85% or higher on each	Assessment	below threshold
6323 -Assessment	KPI-related	Instrument Review	but successfully
Techniques in Counseling.	assessment/assignments	Paper (avg. =	passed the course
Students will score at least	by course/experience	93.6/100). <mark>Target</mark>	with a B; no
80/100 on assignment.	completion.	<mark>met.</mark>	additional
(Summative)			monitoring or
			remediation for the
			student required.
Time 2: Clinical Practice	Performance Target:	(in progress)	
Assessment:	At least 90% of students		Cohort 1 will begin
Students will present use of	will score a 3 (Proficient)		fieldwork training
culturally sustaining and	or higher on supervisor		in Spring 2026 and
developmentally	evaluations of skills		clinical practice
appropriate assessments	aligned with KPIs during		data will be
for diagnostic and	practicum and internship		available after that.
intervention planning	experiences.		

	T	1	T
purposes in case			
conceptualization during			
group supervision during			
COUN 6542 Internship 1  Research and Program Eva	Justian Students will ident	ify qualitativa, quantitativ	yo and miyad
methods research designs in			e, and mixed
Assessment	Target	Outcome	Response
Time 1: Pre/Post test	Performance Target: At	Average for Cohort 1	Students are
student pre-knowledge of	least 85% of students will	on DKA (Research and	currently enrolled
qualitative, quantitative,	improve their post-test	PE) PRE-test in July	in this course and
and mixed methods	score compared to the	2025 was <b>56.14%</b> (in	data will be
research designs in	pre-test in each KPI	progress)	available at the end
program evaluation will be	course with embedded	progressy	of the term.
assessed during <b>Intensive</b>	knowledge assessments.		
<b>2</b> using the DKA.	into wreage assessments.		
Time 2: Pre/Post test		(in progress)	
Student knowledge of		(in progress)	
qualitative, quantitative,			
and mixed methods			
research designs in			
program evaluation during			
final exam of <b>COUN 6323</b> .			
Time 3: Signature	Performance Target:	(in progress)	Students are
Assignments:	At least 90% of students		currently enrolled
Signature assignment in	will score an average of		in this course and
COUN 6433 -Research and	85% or higher on each		data will be
Program Evaluation.	KPI-related		available at the end
	assessment/assignments		of the term.
	by course/experience		
	completion.	1 11 C	
<b>Specialty Area for CMHC:</b> S			
mental status examination, b			chological
assessment for treatment pla	anning and caseload manage	ment (CACREP 5.C.4)	
Assessment	Target	Outcome	Response
Time 1: Signature	Performance Target: At	Average Score:	Although the
<b>Assignments:</b> Students	least 90% of students will	86.92%, 15 students	average score for
will conduct a mock	score an average of 85%	scored ≥ 85%, 4	this KPI met the
session in COUN 6223	or higher on each KPI-	students scored below	threshold
practicum demonstrating	related	85% Target not met.	(86.92%), the
an intake assessment.	assessment/assignments		performance target
	by course/experience		was not fully
	completion.		achieved, with 4
	•		students scoring
			below 85%.
			Faculty discussed
			possible
			curriculum pacing
	Ī		
			adjustments and

recommend

			moving the
			assignment to the
			January intensive
			to build on skills
			developed in COUN
			6213 and COUN
			6223. This change
			would provide
			additional practice
			opportunities prior
			to assessment and
			allow students to
			demonstrate intake
			competencies
			through a recorded
			video submission
			for faculty review.
Time 2: Clinical Practice	Performance Target:	(in progress)	Cohort 1 will begin
<b>Assessment:</b> In Practicum	At least 90% of students		fieldwork training
COUN 6532 students will	will score a 3 (Proficient)		in Spring 2026 and
submit a video to the group	or higher on supervisor		clinical practice
supervisor for review	evaluations of skills		data will be
demonstrating an intake	aligned with KPIs during		available after that.
interview.	practicum and internship		
	experiences.		

#### **Outcome 1.3: Comprehensive Knowledge Assessment (CPCE)**

**Performance Target**: At least 85% of students will pass the CPCE at or above the national mean (or within one standard deviation) on the first attempt. (in progress)

#### Response

Cohort 1 will take the CPCE during their final year. Faculty have established remediation procedures for any student scoring below the national benchmark, including individualized study plans and reexamination support. Results will be analyzed once available and incorporated into program evaluation to verify curriculum effectiveness and licensure readiness.

## Program Objective 2: Clinical Skills Assessment

This section includes 3 outcomes and 6 performance targets (1 met; 4 in progress; 1 not met).

#### **Outcome 2.1: Growth in Self-Perceived Clinical Skills**

#### **Performance Targets:**

1. At least 85% of students will show growth in a majority of skill areas across the three time points.

#### Target not met.

a. Results indicated that **16 of 19 students (84.2%) demonstrated growth in a majority of skill areas**, which is very close to the established benchmark of 85%. On average, students improved in **7.9 out of 10 skills**, reflecting strong overall growth in core counseling competencies. While three students did not show majority growth, the cohort

demonstrated consistent progress, with many individuals showing substantial gains across nearly all assessed areas.

2. At least 90% of students will rate themselves as "proficient" or "exemplary" (3 or 4) in at least 8 of 10 skill areas by the start of internship (in progress)

Assessed Skill (AVG for cohort 1)	Prior to program entry	Prior to practicum (Fall year 2)	
Gaining Informed Consent and Explaining     Limitations of Confidentiality	2	3.1	
2. Reporting Abuse	2.25	3.1	
3. Suicide Assessment and Response Plan	1.4	2.95	
4. Joining and Rapport Building	2.05	3.01	
5. Reflective Listening	2.5	3.15	
6. Developing a Case Conceptualization	1.4	2.1	
7. Development of a Treatment Plan	1.3	2.1	
8. Facilitating Group Counseling	1.5	1.65	
9. Terminating Counseling and Referring Clients	1.3	2.45	
10. Faith Assessment and Integration	1.9	3	

#### Response

Because the results are within one student of the benchmark, faculty consider this outcome to reflect meaningful growth. The target will remain in place, and faculty will continue to monitor this measure in subsequent cohorts to determine whether the trend persists or if additional instructional or developmental interventions are needed.

#### **Outcome 2.2: Demonstrated Skill Competency (Faculty Assessment)**

#### **Performance Targets:**

• At least 90% of students will score at least a "2 – Developing" or higher on initial skill attempts during course-based assessments (met)

Assessed Skill (AVG for cohort 1)	Faculty Assess ment	Intensive/Course
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<ul> <li>Gaining Informed Confidentiality</li> <li>Reporting Abuse</li> <li>Suicide Assessment Response Plan</li> </ul>	s of 2.25 2.15	Intensive #1 (August - Term 1) COUN 6133: Orientation to the Counseling Profession  Intensive #1 (August - Term 1) COUN 6133: Orientation to the Counseling Profession Intensive #2 (January -Term 2) COUN 6233:
<ul><li>Reporting Abuse</li><li>Suicide Assessment Response Plan</li></ul>	nd	Orientation to the Counseling Profession
Suicide Assessment Response Plan	nd	Orientation to the Counseling Profession
Response Plan	nd	9
Response Plan	nd 3.26	Intensive #2 (Ianuary - Torm 2) COUN 6222
	1 3.2h	$\frac{1}{1}$ Intensive $\frac{\pi}{2}$ (January - Lettil 2) COUN 0255.
7 1 D	2.20	Counseling Skills and Techniques
. Joining and Rapport	Building	Intensive #2 (January -Term 2) COUN 6233:
	3.11	Counseling Skills and Techniques
. Reflective Listening	2.05	Intensive #2 (January -Term 2) COUN 6233:
_	3.05	Counseling Skills and Techniques
. Developing a Case		Intensive #3 (August -Term 4) and during course
Conceptualization	3.16	COUN 6413: Case Conceptualization and Treatment
		Planning
. Development of a Tr	atment	Intensive #3 (August -Term 4) and during course
Plan	2.95	COUN 6413: Case Conceptualization and Treatment
		Planning
. Facilitating Group Co	unseling	Intensive #4 (October - Term 4) and during course
		COUN 6423: Group Process and Counseling
. Terminating Counse	ng and	During Course COUN 6233: Counseling Skills and
Referring Clients	3.21	Techniques
0. Faith Assessment an	3.45	During Course COUN 6313: Biblical Foundations
Integration		
Developing a Case Conceptualization  Development of a Tr Plan  Facilitating Group Co  Terminating Counse Referring Clients  O. Faith Assessment an	3.11 3.05 3.16 atment 2.95 unseling 3.21	Counseling Skills and Techniques Intensive #2 (January -Term 2) COUN 6233: Counseling Skills and Techniques Intensive #3 (August -Term 4) and during course COUN 6413: Case Conceptualization and Treatment Planning Intensive #3 (August -Term 4) and during course COUN 6413: Case Conceptualization and Treatment Planning Intensive #4 (October - Term 4) and during course COUN 6423: Group Process and Counseling During Course COUN 6233: Counseling Skills and Techniques

The target was met, with all students scoring at least "Developing" and many demonstrating proficiency on early course-based assessments. These results confirm that students are acquiring foundational skills prior to practicum. Faculty will continue to use these assessments as formative checkpoints to identify strengths and areas needing growth, ensuring students are adequately prepared for field placements.

#### **Outcome 2.3: Field-Based Supervisor Evaluation of Skills**

#### **Performance Targets:**

- At least 90% of students will achieve a rating of **3 (Proficient)** or higher in at least 8 of 10 skill areas by the end of Internship II (in progress)
- Supervisor ratings will show progressive growth across the three evaluation points (in progress)
- Supervisor completion rate of evaluations will be  $\geq 95\%$  (in progress)

#### Response

Supervisor evaluation data are not yet available, as Cohort 1 will begin practicum and internship in AY 2025–2026. Once collected, supervisor ratings will provide essential evidence of applied skill development and progression across field placements.

## **Program Objective 3: Counselor Disposition Assessment**

This section includes 7 performance targets: 2 met, 5 in progress, 0 not met.

#### **Outcome 3.1: Growth in Self-Perceived Dispositional Traits**

#### **Performance Targets:**

1. At least 85% of students will show growth in a majority of skill areas across the three timepoints.



- a. Year 2 averages reflect consistent growth across all dispositional categories compared to Year 1 baseline.
- 2. At least 90% of students will rate themselves as "proficient" or "exemplary" (3 or 4) in at least 8 of 10 skill areas by the start of internship (in progress)
  - a. With current data reflecting Year 2, the majority of students are progressing toward this benchmark, which will be fully evaluated prior to Internship 3

#### **Dispositional Traits Assessment Summary**

Trend analysis shows consistent growth across all domains from program entry to the start of Year 2. For example, average scores in **empathy** rose from 2.74 (incoming) to 3.50 (Year 2), and **ethical integrity** increased from 2.45 to 3.24. These findings demonstrate measurable student development in essential professional dispositions and provide formative evidence that students are progressing toward program benchmarks. Results will continue to be monitored through Internship 3 to confirm readiness at the point of transition to professional practice.

Student Self- Perception	EMP AVG	CUL COMP AVG	ETHICAL INTG AVG	SELF- REF AVG	TOL OF AMB AVG	PROFF AVG	COLLAB AVG	RESELIANCE AVG	SELF CARE AVG	SPIRTITUAL AVG
Fall YR1	2.74	2.58	2.45	2.63	2.74	2.87	2.66	2.71	2.68	2.76
Fall YR2	3.5	3.21	3.24	3.13	3.29	3.26	3.29	3.03	3.13	3.26

#### Response

The target for growth was met, indicating meaningful development across dispositional traits such as empathy, ethical integrity, and self-reflection. Faculty will continue monitoring student progress, with a focus on readiness for internship benchmarks. In-progress measures will be revisited at Internship 3 to ensure students meet expectations for professional dispositions.

#### Outcome 3.2: Assessment by Faculty Mentor during Bi-Annual Student Review

#### **Performance Targets:**

• 100% of students will participate in all scheduled advising reviews during their time in the program (met)

Fall 2024 BAR (n = 20): 100% of students met with their academic advisor/mentor for scheduled review. Spring 2025 BAR (n = 19): 100% of students met with their academic advisor/mentor for scheduled review.

• ≥ 90% of students will score "Proficient" or "Exemplary" (3 or 4) in at least 8 of the 10 dispositional traits by the start of internship (in progress)

Student Point in Program	EMP AVG	CUL COMP AVG	ETHICAL INTG AVG	SELF- REF AVG	TOL OF AMB AVG	PROFF AVG	COLLAB AVG	RESELIANCE AVG	SELF CARE AVG	SPIRTITUAL AVG
Fall Year 1 October	3.20	2.85	2.85	3.00	2.95	3.25	3.18	2.75	2.95	3.05
Spring Year 1 April	3.18	2.79	3.11	3.05	3.03	3.34	3.13	2.95	3.08	3.16

• Any student scoring below 2 in a trait will receive a written developmental plan and follow-up review (in progress)

#### Response

All students consistently participated in scheduled bi-annual reviews, confirming strong program adherence to advising and monitoring processes. Faculty will continue using this process to document

growth, support students falling below expected dispositional benchmarks, and ensure readiness for clinical training.

#### **Outcome 3.3: Field-Based Supervisor Evaluation of Disposition Traits**

#### **Performance Targets:**

- ≥ 90% of students will receive an average score of 3 ("Proficient") or higher in at least 8 of the 10 dispositional areas by the end of Internship II (in progress)
- Supervisor evaluation response rate will be  $\geq 95\%$  (in progress)

#### Response

Supervisor evaluation data will become available once students enter practicum and internship in AY 2025–2026. Faculty will analyze results annually to confirm student proficiency in professional dispositions and to verify consistency in supervisor reporting. Results will inform program adjustments and additional student support where needed.

## Program Objective 4: Development of Professional Counselor Identity

This section includes 10 performance targets: 4 met, 5 in progress, and 1 not met)

**Outcome 4.1: Growth in Self-Perceived Professional Development and Activity Report** 

#### **Performance Targets:**

• 100% of students complete the self-assessment annually (met)

100% of students in cohort 1 (n = 20) in Fall 2024 completed the student self-assessment prior to the first on campus intensive and identified their professional goals.

• ≥ 90% of students identify at least one professional goal aligned with personal values and faith integration by Year 2 (met)

100% of students in cohort 1 (n =19) have identified a professional goal that aligns with their values/faith and reviewed this goal during the BAR.

•  $\geq$  90% participate in at least one professional development activity each academic year [not met] Cohort 1- Year 1 14 of 19 (74%) students reported attending at least one professional development conference this year.

#### Response

While students demonstrated full participation in self-assessment and goal identification, only 74% engaged in professional development activities. Faculty recommended adjusting the benchmark to  $\geq 75\%$  participation to account for the travel demands of required intensives while still fostering professional identity (CACREP 1.L). This revision balances high expectations with program design realities.

#### Outcome 4.2: Assessment by Faculty Mentor/Advisory during Bi-Annual Review

#### **Performance Targets:**

• 100% of students participate in bi-annual advising (met)

Fall 2025 BAR (n = 20): 100% of students met with their academic advisor/mentor for scheduled review. Spring 2026 BAR (n = 19): 100% of students met with their academic advisor/mentor for scheduled review.

- ≥ 90% demonstrate consistent progress toward career goals and active engagement in professional development by Year 3 (in progress)
- Students scoring below expectations receive a growth plan with follow-up review (in progress)

All students consistently participated in advising reviews, meeting the target for engagement. Career goal progress and growth plan data are still in progress and will be monitored as students advance toward internship and capstone milestones. Faculty will continue to use the BAR process as a structured mechanism to track goals and address gaps through individualized growth plans.

#### **Outcome 4.3: Development of Professional Portfolio**

#### **Performance Targets:**

- 100% of students will submit a completed Professional Portfolio in the Capstone Course (in progress)
- $\geq$  90% of students will include all five required components (in progress)
- ≥ 90% of portfolios will demonstrate alignment between students' values, professional identity, and counseling competencies (in progress)

#### Response

Portfolio data will become available beginning in Year 3, when students complete the capstone course. Faculty will evaluate both completion and quality to ensure alignment with program values and professional counseling competencies. Results will be reviewed annually to strengthen integration of coursework, advising, and professional identity development.

# Area 3: Evaluation of Program Faculty and Supervisors This section includes 8 performance targets: 5 met, 3 in progress, and 0 not met)

#### **Objective 3.1: Evaluation and Support of Faculty**

#### **Performance Targets:**

- a) Student evaluations are collected for 100% of courses taught by core and affiliate faculty (met) Year 1- all courses were evaluated.
  - b) 100% of faculty complete Annual Faculty Activity Reports (met)

Year 1- all faculty completed Faculty Activity Reports

- c) Program Director provides written feedback to 100% of faculty based on submitted reports (met) Year 1- Program Director wrote response letter to Faculty Activity Report and discussed with each full time faculty member.
- d) Faculty recruitment and retention strategies include efforts to enhance diversity [met] During AY 2024–2025, the program conducted two formal job searches to recruit mission-aligned faculty and staff. Job postings were made publicly available on the university's employment site and through discipline-specific platforms such as the Christian Association for Psychological Studies (CAPS). The job advertisement explicitly highlighted Ouachita's commitment to developing a diverse faculty and serving students from a wide range of backgrounds and experiences.
  - e) Program faculty will meet CACREP expectations for load, qualifications, supervision, and governance. (met)

The MA in Counseling program meets CACREP expectations regarding faculty qualifications, teaching load, and governance. Core faculty members hold doctoral degrees in Counselor Education (or meet CACREP grandfathering criteria), maintain active licensure, and demonstrate ongoing engagement in professional scholarship and service.

For AY 2024–2025, the standard teaching load for full-time core faculty was 18 credit hours per academic year, which included instruction, advising, participation in program governance, and curriculum development. Faculty met regularly for strategic planning, assessment, and accreditation preparation.

Following the unexpected health-related departure of Dr. Littlefield, the program strategically adapted by hiring Dr. Kathryn Steele, a highly qualified part-time affiliate faculty member. Dr. Steele taught one course in the fall and one in the spring, attended faculty meetings, and participated in campus intensives, contributing meaningfully to instructional continuity and program collaboration.

Ms. Jennifer Duer Barnard served as a 25% FTE affiliate faculty member and contributed to program meetings and planning; however, because students had not yet entered clinical training, her role as Clinical Coordinator was preparatory in nature.

#### Response

All faculty-related performance targets were met, demonstrating strong structures for evaluation, support, and recruitment during the program's first year. Faculty maintained CACREP-required qualifications and governance involvement, and the program adapted effectively to an unexpected faculty transition. Faculty development and evaluation processes will continue annually to sustain compliance and promote continuous professional growth.

#### **Objective 3.2: Evaluation and Orientation of Site Supervisors**

#### **Performance Targets:**

- 100% of site supervisors evaluated annually (in progress)
- 100% of new supervisors receive orientation (in progress)
- Sites reviewed annually for continued approval (in progress)

#### Response

As students have not yet entered clinical training, supervisor evaluation and site review processes remain in progress. Orientation materials and evaluation tools are in place for use beginning AY 2025–2026, when students enter practicum and internship. Faculty will ensure systematic implementation and annual review of these measures to verify supervisor readiness and site quality.

## Faculty Resources and Teaching Load (AY 2024–2025)

#### **Credit Hour Totals**

- Summary
  - Total Courses Offered: 8
  - **Total Students Enrolled**: Fall = 20; Spring = 19
  - Total Credit Hours Taught: 459
  - **Average Class Size**: 19.1 students per section
  - **Core faculty:** 18 credit hours (6 of 8 courses)
  - Adjunct faculty: 6 credit hours (2 of 8 courses)

Result: Core faculty taught 75% of total credit hours, exceeding CACREP Standard U, which requires that "the combined number of course credit hours taught by core faculty must exceed those taught by affiliate faculty in any 12 continuous months."

#### **FTE Ratio**

Using the institution's FTE definition (6 courses per year = 1.0 FTE):

- Core faculty = 2.0 FTE (Gilliland 1.0, Roudkovski 1.0)
- Affiliate/adjunct faculty = 0.33 FTE (Steele)
- Total faculty FTE = 2.33

Student headcount for AY 2024–25 = 20 (maximum over the 12-month window).

• Ratio (core only): 10.0:1

• Ratio (core + affiliate): 8.6 : 1
Both measures are within CACREP's 12:1 maximum (Standard V).